

## Add ons

### Eye Touch

Completes a facial or body wrap. The eye contour area is instantly rejuvenated, puffiness and dark circles reduced and fine lines gently smoothed. **15mins \$50**

### 15 minute add ons

Choose from either a scalp, face, hand or foot treat **15mins \$35**

Add on a 30 minute Swedish massage to any 60 minute or more treatment **30mins \$60**

Upgrade to a Deep Tissue massage to any treatment **\$15**

### Hot Stones

Enhance your massage with some hot stones added to a massage **\$45**



## Body Exfoliation

Delight your body with this full body exfoliation and Vichy 'rain' therapy. **40mins \$140**

Add onto any 60 minute or more treatment **\$90**

## Upgrades

### Kunzea Muscle Balm

A lightweight balm perfect for reducing joint inflammation and soothing muscle tension, as well as arthritis. Great addition to a massage. **\$20**

### Hair Mask

A leave in conditioner, it helps to nourish dry scalps, and great for lifeless, dull hair. **\$20**

## Spa Etiquette

*Prices are subject to change without notice.*

### Making an appointment

We recommend booking in advance as we cannot always guarantee same day appointments. For group bookings please book at least 3 weeks before your day of pampering. All group bookings require payment 7 days before your day. We will require a gift voucher number and/or credit card details to secure all bookings.

### When to arrive?

To enhance your experience, we recommend arriving 15 minutes prior to your spa treatment time. This allows time for you complete the consultation form and get changed into a robe.

### What if I am late?

Arriving late for your appointment will simply limit the time spent with us. Your treatment will finish as scheduled as not to delay and inconvenience our next guest.

### Cancellation Policy

As a therapist and room has been reserved for you, we request a minimum of 24 hours' notice should you wish to reschedule or cancel your appointment. Failure to do so will result in a 50% cancellation fee. No shows will be charged 100% of treatment price. Additionally, any changes made to treatments on the day or with less than 24hours notice are at the discretion of management, if treatments are changed to one of a shorter time frame or value full payment of the original treatment booked will be required.

### Pregnancy

If you are pregnant, please share your news with us when you book. Unfortunately, we are unable to do any treatments in the first trimester. Some treatments are also not recommended during pregnancy. Our fully qualified therapists can advise you.

### Gift certificates

We have gift certificates for all occasions. You can purchase a \$ amount or a treatment. For ease we can email directly to you or the recipients. You can also purchase a traditional gift voucher at the spa

## To Book Call

**+61 7 4059 9206 or +61 424 220 889**

**Email [peppersdayspa@outlook.com.au](mailto:peppersdayspa@outlook.com.au)  
[www.peppersspapalmcove.com.au](http://www.peppersspapalmcove.com.au)**

*Sunday bookings will incur a 5% surcharge.  
Public Holidays will incur a 15% surcharge.*



at

**Peppers Beach  
Club  
Palm Cove**



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## Massages

### Relaxation Massage

Promotes relaxation by releasing muscle tension

<b>45mins</b>	<b>\$115</b>
<b>60mins</b>	<b>\$140</b>
<b>90mins</b>	<b>\$185</b>

### Deep Tissue Massage

Facilitates healing by releasing contracted areas of muscle and tissue

<b>60mins</b>	<b>\$155</b>
<b>90mins</b>	<b>\$195</b>

### Aromatherapy Massage

Working to balance and realign the energy flow, enhancing mind, body and wellness.

<b>45mins</b>	<b>\$120</b>
<b>60mins</b>	<b>\$150</b>
<b>90mins</b>	<b>\$190</b>

### Pregnancy Massage (post first trimester)

A beautiful pregnancy blend of Macadamia and Camelia and the comfort of our prenatal pillow will give you a beautiful nurturing experience

<b>60mins</b>	<b>\$145</b>
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### Hot Stone Massage

Uses Ancient stones and techniques to leave your body renewed and refreshed

<b>60mins</b>	<b>\$180</b>
<b>90mins</b>	<b>\$210</b>

### Scalp Massage

Incorporates the neck and shoulders. Uses a beautiful hair mask, a must for dry, brittle hair and sensitive scalps.

<b>30mins</b>	<b>\$100</b>
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### Feet Treat

Treat your feet to this wonderfully relaxing and grounding treatment

<b>30 mins</b>	<b>\$120</b>
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## Facials

### Pick Me Up

Suitable for all skin types, this facial helps boost dull, tired complexions.

<b>30mins</b>	<b>\$125</b>
<b>45mins</b>	<b>\$140</b>

### Thalgo Skin Solutions Facials

Tailor made facial to meet specific needs of each skin type

#### Hydrate and Illuminate:

Dehydrated skins and skins lacking radiance

#### Comfort and Soothe:

Sensitive skins including sunburn to calm

#### Nourish and Repair:

Dry skins to deeply nourish

#### Rebalance and Purify:

Oily and combinations skins in need of balancing and purification.

<b>60mins</b>	<b>\$165</b>
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### Hyalu Pro Collagen

High performance facial that addresses aging concerns to plump, fill and smooth fine lines and wrinkles whilst boosting micro circulation.

<b>60mins</b>	<b>\$190</b>
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### Silicium Lift Facial

A wrinkle lifting face and neck treatment that excels in correcting loss of firmness and smoothing deep wrinkles, as well as restoring radiance to the complexion.

<b>60mins</b>	<b>\$210</b>
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### Thalgo Men Ocean Ritual

Whether your objective is dryness, sensitivity or oiliness, this facial provides tailored solution to male skin.

Addressing all the needs of men's skin it leaves the face revitalised and perfectly balanced.

<b>45mins</b>	<b>\$140</b>
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## Spa Journeys

### Face and Body Focus

One of the most popular treatments. Relax with a beautiful massage followed by a fabulous facial.

Revitalise the body and soul.

<b>60mins</b>	<b>\$185</b>
<b>90mins</b>	<b>\$230</b>

### Luxury 4 in 1

Experience relaxation. A beautiful combination of full body exfoliation using Lime and Ginger Salt Scrub, Vichy 'rain' therapy, a back massage, followed by a deep cleansing facial.

<b>90mins</b>	<b>\$260</b>
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### Skin Rehydration

An unforgettable experience. Vanilla and Coconut scrub is used to exfoliate away dead skin cells, followed by a scalp massage and Vichy. End the experience with a relaxing Mahana Massage using warm sand pouches. Great for dry skins.

<b>100mins</b>	<b>\$270</b>
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### Detox Bliss

Unwind with this detoxifying treatment. Full body exfoliation followed by a warm layer of mineral rich mud, relaxing scalp massage and Vichy. Treatment is completed with a massage, leaving you renewed from head to toe.

<b>120mins</b>	<b>\$300</b>
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### The Dreaming

Relax, revitalise and rejoice with our signature treatment to reconnect mind, body and soul. The dreaming is a truly all encompassing treatment journey

<b>180mins</b>	<b>\$450</b>
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